GOOD NEWS FOR HOMEMAKERS

Shirley W. Walton
Extension Agent
Make A Garden From the Pantry

You can have a winter garden all your own of a very special kind - right in the home. You need go no further for so many things that will grow. Some will have flowers. And some can be eaten, too.

You will need some one and two quart waxed cardboard milk containers, with one side cut out. They are just the right size to fit on a window sill.

Put a layer of pebbles on the bottom of each box. Fill the containers almost to the top with good garden soil, place them in a warm, sunny window, then look in the pantry for seeds.

Dried beans will grow well if you push them into the soil gently and just barely cover them with earth. So will raw peanuts.

Plant half of a small potato, or just a piece that has an eye on it, an inch below the top of the soil. The new plant will grow from this eye.

A sweet potato will grow the same way, into a lovely vine.

Onions or garlic can just be pushed into the soil about halfway and soon green sprouts will be reaching for the sun.

Then there are spices and herbs - dill seed, mustard seed, celery seed. The spice shelf alone in your pantry probably has dozens of other kinds of seeds just waiting to be planted.

Also birdseed, and sunflower and dried pumpkin seeds, a piece of horse-radish roots, or even a pineapple!

Cut the top off, leaving an inch of the pineapple itself on the bottom of the spikes. Plant it with the one inch of pineapple just covered with soil, and soon new gray-green leaves will begin to sprout.

There are dozens of fascinating things to plant. With a little imagination, you will have something pretty special.

RECIPE OF THE WEEK

HOLIDAY FRUIT COMPOTE

1 (1 lb. 4 oz.) can pineapple slices
2 (1 lb. 4½ oz.) cans pineapple chunks
3 (10 oz.) pkgs. frozen peach slices
4 c. frozen Bing cherries
5 bananas, sliced diagonally
4 c. frozen whole strawberries
2 (11 oz.) cans mandarin oranges
1 c. shredded coconut

Partially thaw frozen fruits; drain all fruit. Treat bananas with ascorbic acid to prevent darkening.

Layer fruit in a large glass bowl, beginning with pineapple slices and ending with coconut. Chill 3 to 4 hours before (For a frosty appearance, place bowl in freeezer for 30 minutes before serving time.) Makes about 30 servings.

"The South 40"
by JAMES A. SMITH
EXTENSION AGENT

Last week a small group of Fire Cured Tobacco producers attended the annual meeting to hear reports of the operation of the Coop. Riley Megginson was the only Appomattox producer attending. I would surely like to see more interest generated in the operation of all of our farm oriented Marketing Cooperatives. This is the only way members can become involved in the decision making process.

I made some notes on this meeting to share with you. Last marketing season 4,684,915 pounds of tobacco was sold for an average price of $75.79 per hundred weight. This price was up $11.43 over the previous year.

There wasn't a great deal of difference in prices at the three markets; Farmville averaged $75.60, Blackstone $75.06 and Lynchburg $76.44.

The Coop had a total income of $149,032.58 and expenses of $103,337.76, leaving a before taxes earning of $45,694.82. This was a record earning for the organization. The cost of marketing tobacco was $2.14 per CWT.

On August 1, 1974 liquid assets were $34 thousand. Total fixed assets $301 thousand, giving total assets of $305 thousand.

The new warehouse in Lynchburg cost $300,000. The old warehouse sold for $175,000. $95,000 was borrowed to construct the new warehouse. Growers can call collect the new warehouse to reserve space for this year. The same phone number will be in use 847-6291.

Roy Davis, Tobacco Marketing Agent with the Virginia Department of Agriculture, outlined the situation for 1974. This crop is estimated to be just a trifal higher than last year. Total supply of Virginia Dark Tobacco is estimated to be 6.25 million pounds, about the same as a year earlier. The use of snuff, which is the principal domestic use of Virginia Dark, appears to be leveling off; after declining for a number of years. The support price will average 58.2c per pound. There is no Virginia Dark in loan inventory. Only 300 pounds went into government loan last year. This is less than a hogshead of tobacco. A hogshead weighs about 1200 pounds. The market will open December 3 and close December 19. A maximum of 175,000 pounds is permitted to sell each marketing day on each of the three markets.

The Tennessee - Kentucky Dark Fire Cured Tobacco is estimated to be 30.8 million pounds, up 3.1 million from last year; use of this type tobacco is up; therefore total supply will be down 10 per cent.

Our principal foreign competition is Malawi. Their 1974 production was down 4.25 million pounds or about 15 percent.

The question was raised about selling our tobacco loose, such as is the case with flue-cured. Norway is the big problem. They insist on having the tobacco tied and after all they purchase 40% of our production.

This year the Kenbridge Market will sell their tobacco in sheets, but it must be tied. Continued efforts are being made to move in this direction, but it doesn't appear imminent unless the necessary technology can be acheived to provide Norway with a way to manufacture their tobacco products in an acceptable manner for their customers.

PERCIPITATION:

Last Week	.71
This Month	1.96
This Year	35.06

Clover Hill

Miss Rosetta Berkley of Richmond, Virginia spent last week end here.

Mr. James Scott and Rev. Howard Flood and family were visiting in the home of Mrs. Millie Berkley and family over the week end.

A large crowd attended church Sunday at the Gravel Hill Baptist Church. Rev. J. S. Miller spoke from the theme, "Come Into The House". And also sang Lead Me Jesus.

Total for the day $86.63. It was enjoyed by all.

On next Sunday at two thirty p.m. Rev. James Miller will preach at the Janes AME Church in Prospect, Va. and his choir from Gravel Hill will render the music. Come out and help us.

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FHA Names Girl of Month

Carla Varner

Carla Varner, a seventeen year old senior at Appomattox County High School, was chosen Future Homemakers of America Girl of the Month for November.

Carla is most active in FHA. In the past she has served as Junior Chapter President, Senior Chapter Secretary, and Campbell-Appomattox Federation President. She has been elected as girl of the month twice in previous years, and was awarded for being outstanding member in 1973. She is presently serving as Senior Chapter President and also State President of the Virginia Association Future Homemakers of America in which she is representing over 11,000 members in FHA. As a part of her duties she has served as ex-officio member of all committees, helped with teas for teachers, and help with parties for the orphanage. Carla has also joined in with the selling of cook books and memo boards.

Along with her FHA work she is active in Inter-Club Council, SCA, Business work, and other school activities. She has been chosen as Junior and Senior Class Homecoming Princess.

As a part of her state work Carla is conducting a project entitled - Clean-Up Your Community and Make It Beautiful.

Carla is the daughter of Mr. and Mrs. Herman A. Varner of Pamplin.

Arts & Crafts For Christmas

Faced with the dilema of Christmas gift selection during these days of inflation? Finding it hard to relate value to cost? Looking for that special kind of gift for a loved one? Then gifts handcrafted by your neighbors are for you. One needs to visit the "Historic Appomattox Station Arts & Crafts Center, Main St., almost daily to keep up with the turnover of unique and exciting gifts. And the selection provides something for everyone.

To provide Appomattox with Christmas shopping convenience, the center will remain open until Dec. 17th. After Thanksgiving, shop evening hours will match those of downtown stores, while opening time will remain at 11:30 a.m, except 1 p.m. on Sundays.

The center will close on Dec. 17th to allow members to send personal gifts from the inventory. On 17th &18th December, all members will pick up their consigned articles as the center will be closed until Spring. A general membership meeting will be held early next spring to elect new officers and determine how the center will operate next year.

EMERGENCY FIRE CALLS
352-5212
APPOMATTOX FIRE DEPARTMENT

Teacher Gives First Donati

Don Harne, Distributive Education teacher at App County High School donates first dollar to March of through Sheila Franklin, President of the Future Ladies of America Chapter. Holding garbage bags which will receive is Dinah Mills, a FHLA member. Any do gives one dollar or more will receive bags.

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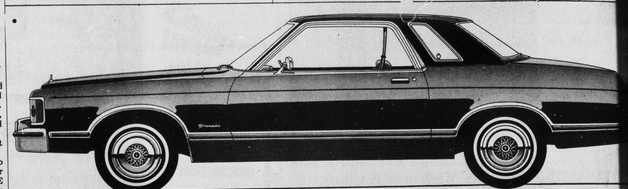

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Grade 4-H Clubs Elect Officers

Home' club elected James Beaty - President, Robert Vice President, Donna Layne - Secretary -Treasurer, Reporter and Song Leaders are Laura Walton and

Farmer's Club' elected as President - Pat Page, Vice Greg Mayberry, Secretary-Treasurer - Renee Reporter - Kim Drinkard, Song Leaders - Scott Sayre Hudson.

Boys's Club' elected John McCormick - President, Vice President, Rodney Bryant - Secretary - Tim Reynolds - Reporter, and Terry Drinkard and Hunt are Song Leaders

MARY PTA

Primary School PTA will house today in the cafeteria at 8: p.m. will have the opportunity to view the student book fair has been conducted The book fair has students to browse these books of their

STOP HEART DISEASE
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Clean Up Your Community; Make It Beautiful

BY Carla Varner,
State President, FHA

Why I chose this topic for my state project?

Over many years I have felt that our community is a beautiful one. It has beauty in flowers, trees and most of all the people who live here. As I grow in age and visit one place after another; meet person after person, nowhere do I find a place more beautiful or people so kind as our own great town of Appomattox.

As a small town we could not ask for one any better than the one we have. We have so many wonderful places to visit with our enchanting historic background. Our community attracts people from all over the world just to see the historic lands or visit our beautiful state park.

Appomattox County is divided into small communities such as Pamplin, Vera, Spout Spring, Hollywood, Hixburg, Oakville, Stonewall, and others, where kinsfolk every one and are friends to all they see. To me our county is very unique and unlike any other place in the world, for we have something special - friendship, beauty and knowledge.

Let me ask "How many places have you been where you can walk down the street and speak to everyone you meet and get a responding hello?" For me this is very seldom. I am a person who loves people and I feel everyone can be friends if only we try.

With the many people visiting our county we should take great pride in keeping our friendly attitude, and most of all keeping our county a clean and beautiful one!

I hope this will help you to think the next time you toss that piece of litter.

FUTURE PLANS

Alhough my clean up week has passed I still have many goals I hope to accomplish. There are so many things in Appomattox that need to be done by individuals to help make our town a beautiful one. Things I hope to accomplish are, make areas around trash dumpsters more attractive by planting flowers, beautify the area round the grave of the great banjo inventor Joe Sweeney and try to remove junk cars from along the highways. In doing these things it is going to require your help; You can help in all ways by not littering.

POSTERS DISTRIBUTED

On Monday posters were distributed by with the help of Rhonda Mitchell, Teresa Cyrus and Carolyn Smith. Some of the slogans we used were Hoot-Don't Pollute, Hop to It - Clean-Up our Community and Make it Beautiful, Be a Kitten and Clean up our Community, and others in which animals could be a character to emphasize the slogans. Also signs reading "Help I'm Empty" were placed on trash cans to encourage people not to litter. Along with these posters we distributed phamplets, and other brochures on helping to clean up our community.

Stonewall Extension Homemakers Club

Mrs. Rebecca Bondurant was hostess to the Stonewall E. H. C., on November 14, 1974. Ten members attended.

Mrs. Bondurante read a portion of Psalms and a prayer.

The minute were read and approved and the reasurers report was given.

The Welfare Office requested help in giving to the foster children for Christmas, but the memb.ers preferred to make up a basket for a local needy family. The Junior 4-H Club will add their donations to our basket.

Mrs. Helen Thomas requested a Christmas card shower for two elderly people in Lynchburg.

December 2-6 is Open House at the Extension Office. Members may contribute cookies and have been requested to help serve as hostesses.

Hostesses for our meetings, in 1975 were selected.

Mrs. Inez Foster presented the Federation program on "Toy Safety".

The December meeting will be with Mrs. Frances Gilliam. We will meet at 11:00 for a covered dish luncheon. Everyone will bring a gift for our love basket.

We adjourned with the reading of the Homemakers Creed and prayer.

Eleanor Stratton, Secretary

Thanksgiving DAY
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